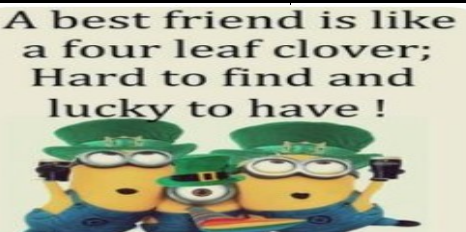

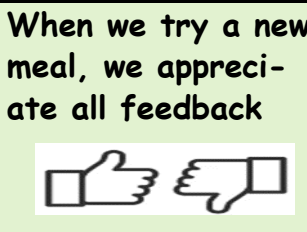






# MEALS ON WHEELS: MARCH '24



Mon	Tue	Wed	Thu	Fri	Sat
					
4 Ham	5 Cheese Ravioli	6 Lemon Chicken	7 Beef Stew	8 Stuffed Sole	9 American Chop Suey
11 Stuffed Baked Potato Broccoli & Cheese	12 Chicken Cacciatore	13 Sweet/Sour Meatballs	14 Tuna/Egg Salads	15 Corned Beef 	16 Chicken Casserole
18 Salisbury Steak	19 Chicken Florentine 	20 Pasta Primavera	21 Corn Chowder & Grilled Cheese	22 Pot Roast	23 Mac & Cheese
25 Eggplant Parm	26 Meatloaf	27 Tilapia	28 Baked Chicken Thigh	29 <b>CLOSED</b> Stuffed Shells  Delivered on 3/28	30 Sheperd's Pie



**FRIDAY & WEEKEND MEALS MUST BE ORDERED/CANCELED BY 10 AM, WEDNESDAY  
MONDAY-THURSDAY MEALS MUST BE ORDERED/CANCELLED BY 8:30AM, THAT DAY**

To order meals, call MOW office at **203-453-8359**, or email [gim.mow@att.net](mailto:gim.mow@att.net)