

MEALS ON WHEELS: APRIL '24



Mon	Tue	Wed	Thu	Fri	Sat (Frozen)
1 Tuna & Egg Salad	2 Meatloaf	3 Stuffed Baked Potato w/ Broc/Cheese	4 Veggie Stuffed Peppers	5 Roast Pork	6 Cheese Tortellini
8 Ham	9 Baked Ziti w/ Meat Sauce	10 Lemon Chicken	11 Quiche Lorraine	12 Stuffed Sole	13 Chicken Casserole
15 Breakfast— Eggs, French Toast, Sausage	16 Sesame Garlic Chicken Thigh	17 Beef Burgundy	18 Manicotti	19 Pot Roast	20 Shepherd's Pie
22 Salisbury Steak	23 Chicken Parm	24 Swedish Meatballs	25 Chef Salad	26 Cookout- Burgers & Picnic Salads	27 Baked Chicken
29 Eggplant Parm	30 Chicken Pasta Salad		our mind is a garden. Your thoughts are the seeds. You can grow flowers or you can grow weeds	REMEMBER TO PUT OUT YOUR COOLERS	