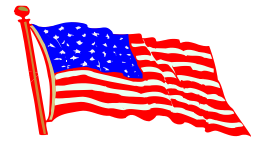


MEALS ON WHEELS: MAY 2024



Mon	Tue	Wed	Thu	Fri	Sat (frozen)
				Warm weather will soon be upon us. Remember to put out your coolers. If you need an ice pack, call the office.	
		1 Kielbasa & Pierogies	2 Tilapia	3 Chicken Enchiladas	4 Meatloaf
6 Cheese Ravioli	7 Chicken Marsala	8 Stuffed Cabbage	9 Ham Quiche (New)	10 Turkey	11 Chicken Casserole
13 Salisbury Steak	14 Sesame Garlic Chicken Thigh	15 Fish & Chips	16 Hot Dogs & Beans	17 Manicotti	18 Shepherd's Pie
20 Baked Stuft Potato w/ Cheese & Broccoli	21 Spaghetti & Meatballs	22 Beef Mac & Cheese Casserole (New)	23 Chicken Stir Fry	24 Pot Roast	25 Baked Chicken
27 CLOSED HAM Delivered on 5/24	28 Sweet & Sour meatballs	29 Chicken Cacciatore	30 Tuna & Egg Salads	31 Roast Pork	

WEEKEND & FRIDAY MEALS MUST BE ORDERED OR CANCELED BY 10 AM, WEDNESDAY MONDAY—THURSDAY MUST BE ORDERED/CANCELLED BY 8:30 AM, THAT DAY
 Call MOW office at **203-453-8359.** WWW.GIVCT.ORG