



# MEALS ON WHEELS: DECEMBER '24



Mon	Tue	Wed	Thu	Fri	Sat (frozen)
2 Swedish Meatballs	3 Lemon Chicken	4 Meatloaf	5 Tortellini & Broccoli w/ Alfredo sauce	6 Roast Pork	7 Turkey Chili
9 Breakfast for Lunch Eggs, French Toast, Sausage	10 Salisbury Steak	11 BBQ Chicken	12 Fish & Chips	13 Chicken Marsala	14 American Chop Suey
16 Eggplant Parm	17 Beef Stew	18 Chicken Thigh	19 Chicken Casserole	20 Pot Roast <i>Last day to order complimentary Christmas Dinner</i>	21 Shepherd's Pie
23 Chef Salad	24 Baked Ziti w/ Meatballs	25 CHRISTMAS CLOSED	26 Chicken Parm	27 Stuffed Sole	28 Mac & Cheese
30 Baked Stuffed Potato	31 Chicken Stir Fry	1 NEW YEAR'S CLOSED Manicotti— delivered on 12/31		<b>Food Allergy Warning:</b> Please be advised that our food may have come in contact or contain peanuts, tree nuts, soy, milk, wheat, shellfish, fish or sesame	To order a complimentary Christmas dinner, please call the office by Friday, December 20

**FRIDAY & WEEKEND MEALS MUST BE ORDERED OR CANCELED BY 10 AM, WEDNESDAY MONDAY—THURSDAY MEALS MUST BE ORDERED/CANCELLED BY 8:30 AM, THAT DAY**  
To order meals, call MOW office at 203-453-8359, or email [gim.mow@att.net](mailto:gim.mow@att.net)

