



# MEALS ON WHEELS: JANUARY 25



Mon	Tue	Wed	Thu	Fri	Sat (frozen)
<b>Happy New Year!</b> For the safety of our drivers, please keep your driveways and sidewalks clear. Call the office for weather related cancellations		1 New Year's Day Manicotti Delivered on 12/31	2 Salisbury Steak	3 Roast Pork	4 Meatloaf
6 Kielbasa & Pierogies	7 Swedish Meatballs	8 Baked Chicken	9 Quiche Lorraine	10 Stuffed Shells	11 Chicken Casserole
13 Hamburger on a Bun	14 Orange Ginger Chicken Thigh	15 Shepherd's Pie	16 Pulled Pork	17 Stuffed Sole	18 American Chop Suey
20 MLK-CLOSED Ham Delivered on 1/17	21 Chicken Parm	22 Minestrone & Grilled Cheese	23 Tuna/Egg Salads	24 Chicken Marsala	25 Mac & Cheese
27 Sweet & Sour Meatballs	28 Stuffed Peppers— VEGAN	29 Tilapia	30 Chicken Pasta Salad (cold)	31 Pot Roast	<b>Food Allergy Warning:</b> Please be advised that our food may have come in contact or contain peanuts, tree nuts, soy, milk, wheat, shellfish, fish or sesame



**FRIDAY & WEEKEND MEALS MUST BE ORDERED OR CANCELED BY 10 AM, WEDNESDAY  
 MONDAY—THURSDAY MEALS MUST BE ORDERED/CANCELLED BY 8:30 AM, THAT DAY**  
 To order meals, call the MOW office at 203-453-8359, or email [gim.mow@att.net](mailto:gim.mow@att.net)