



MEALS ON WHEELS: MARCH '25



Mon	Tue	Wed	Thu	Fri	Sat	
<p>A best friend is like a four leaf clover; Hard to find and lucky to have!</p>		<p>it's spring!</p>		<p>When we try a new meal, we appreciate all feedback</p>	<p>Food Allergy Warning: Please be advised that our food may have come in contact or contain peanuts, tree nuts, soy, milk, wheat, shellfish, fish or sesame</p>	<p>1 Stuffed Shells</p>
3 Kielbasa & Pierogies	4 Chicken Stir Fry	5 Pasta Primavera — white	6 Grilled Cheese & Minestrone Soup	7 Roast Pork	8 Baked Chicken	
10 Baked Stuft Potato	11 Chicken Parm	12 Sweet & Sour Meatballs	13 Pulled Pork	14 Corned Beef	15 Shepherd's Pie	
17 Salisbury Steak	18 Chicken Cacciatore	19 Chef Salad	20 Baked Cod w/ Newburg sauce	21 Roast Turkey	22 Chicken Casserole	
<p>24 Eggplant Parm</p> <p>31 Breakfast (eggs, French Toast, sausage)</p>	25 Meatloaf	26 Chicken Florentine	27 Tortellini salad (cold)	28 Pot Roast	29 Mac & Cheese	



FRIDAY & WEEKEND MEALS MUST BE ORDERED/CANCELLED BY 10 AM, WEDNESDAY MONDAY-THURSDAY MEALS MUST BE ORDERED/CANCELLED BY 8:30AM, THAT DAY

To order meals, call MOW office at **203-453-8359**, or email gim.mow@att.net